

+ Personal data

Partener of Institut Kutschera

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+ Curriculum Vitae

2013 – 2014 Regional & IKA Manager , Dacia Plant Romania
2007 – 2012 Logistics Manager, Orkla Foods Romania, Iulie
2000 – 2007 Merchandiser, Sales Reprzentativ, Area Sales Manager
1999 – 2000 Sales & Adviser Insurance, Asirom
1998 – 1999 Sales Reprzentative , Comunicatii Nationale Mobile

+ Education and Qualification

2014 – 2015 Kutschera Resonanz®- Trainer
2013 – 2013 Kutschera Resonanz®- Master
2012 – 2013 Kutschera Resonanz®- Practitioner/ Coaching
2011 Train the Trainer, Exec-Edu
2012 Certificate in Finance for Managers, Asebuss
2011 Project Management, Asebuss
2010 Developing leadership competencies, Asebuss
2008 Degree in Psychology, Titu Maiorescu University

+ Key activities

Individual / Career Coaching. I accompany clients to discover their vocation and mission and potential.

Team Coaching /Training. In Organizations and Companies in order to identify resources and assets, change paradigms and enroll on the path to performance and productive communications.

Workshops / Training for children, adolescent, adults, using Kutschera-Resonanz® method .

- Personal development workshops Listening / Communication
- ISOP (Institutul de Studii pentru Ordine Publica)- personal development program (Effective Communication/Joy of life/ Mindfulness)

+ References and Publications

- Individual Coaching – One-on-One coaching for children, adolescents and adults.
- Personal development workshops ISOP - Institutul de Studii pentru Ordine Publica (Effective Communication)
- Identifying values, mission, vision in companies (Sales Team).