

+ Personal data

Partner of the Kutschera Institute

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+ Curriculum Vitae

2000 Degree in Social Assistance
2001 Kutschera-Resonanz®- Practitioner
2002 Master Psychology Counseling
2003 Kutschera-Resonanz®- Master
2004 Master Trainer IANLP
2007 Kutschera-Resonanz®- Coach
2009 Family Therapy
2010 Coaching– Performance enhancement through cognitive-behavioral methods Facilitator for support groups

+ Key activities

One-on-one Coaching for personal and professional development, for the (re)discovery of the Joy To Live in harmony with self and the environment.
Team Coaching in Organizations, Administration and Companies for accessing resources, improving group cohesion and Living The Joy of being with each other in activities and projects
Self-knowledge & personal and professional development programs for the young who see themselves as agents of change. Counseling in accelerated learning and in the modelling of excellency
Consulting in stress management and burn-out prevention
Training for the development of competencies that ensure performance and the balance between personal and professional life

+ Education and Qualification

- Kutschera-Resonanz® Practitioner, Master, Coach
- Kutschera-Resonanz® Life Coaching
- Kutschera-Resonanz® Business Coaching
- Career consulting
- Communications improvement and leadership training