

## + Personal data

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## + Curriculum Vitae

2008 Degree in Marketing and International Business  
2009 Authorized Mediator  
2010 Master in Management and Marketing Services  
2011 Kutschera-Resonanz®- Practitioner  
2011 Kutschera-Resonanz®- Coach  
2012 Kutschera-Resonanz®- Master  
2015 Kutschera-Resonanz®-Trainer

## + Education and Qualification

Kutschera-Resonanz®- Practitioner, Coach, Master, Trainer  
Mediation, Facilitation and Counselling  
Entrepreneurship and Leadership  
Teambuilding and Teamevent  
Consulting for business development  
Training for personal and professional development

## + Key activities

**Individual coaching** for personal and professional development, access to resources, finding values, increasing cohesion and experience the joy of being with oneself and with others in activities and projects. Focus on solutions.

**Team Coaching and Training Organizations**, companies and public institutions to improve performance, accessing resources and potential, increase motivation, determination and goals.

**Mediation and Facilitation** in conflicts or disputes to personal and professional nature, clarifying the problem, tracing the solutions, managing conflict and its management in an environmentally friendly way.

**Coaching for achieving performance in sport.**  
**Business development consultancy**

- "Success" - Introduction to NLP Resonant - Faculty of Management, University of Bucharest - Bucharest 2012.
- Mediation and coaching solutions for schools - Conferences and seminars - Dambovița 2010.
- Young Entrepreneurs in Action - Bucharest 2010.
- Develop the leader within you - project supported by the EU-Bucharest 2009

## + References and Publications

- Individual coaching sessions for adults.
- Business Coaching to improve organizational performance and successful achievement of objectives.
- Training programs, coaching and consulting for companies and government institutions. They are structured on increasing communication skills, conflict management, motivation development, negotiation and mediation