

+ Personal data

Partener of the Kutschera Institute

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+ Curriculum Vitae

- 1998 – 1999 'Managing resources for the market'. 'Accounting for managers'. 'Effective management' The Open University
- 1999 Train the trainer Codecs The Open University representative
- 2007 Human Synergistics Accreditation in 'Studies on individual and group behavior and organisational culture'
- 2008 Masters Management Communication and Human Resources
- 2008 IMEX Facilitation skills – DDI – Development Dimension International
- 2009 Coaching Fundamentals, S.C. Metasysteme STR, Coach Alain Cardon
- 2009 Trainer CNFPA Accreditation
- 2009 Non Violent Communication - Non Violent Communication Association Romania
- 2010 Combined arts trainer - CNFPA Accreditation
- 2010 Kutschera-Resonanz® Practitioner
- 2011 Human Resources Evaluation – IRECSO
- 2012 Kutschera-Resonanz® Coach, Kutschera-Resonanz® Master
- 2014 Kutschera-Resonanz®-Trainer

+ Education and Qualification

Kutschera-Resonanz®-Practitioner, Master, Coach
Human Resources - individual and group assesment
Individual life & business Coaching
Training – Performance management, Effective Communication, Emotional Intelligence

+ Key activities

Individual coaching for personal and professional development, for understanding own behaviour, for discovering and living in harmony with self and others
Assesment and Coaching in organisations for discovering resources and potential, for motivation, increasing self esteem and creating a plan of personal development
Behavior and competences Evaluation of human resources – based on the results, create and deliver **training programs** suitable for development of competences and positive behaviours
Children trainings for incresed self confidence, teamwork, expressing in public
Training for parents that want to understand their children better and want to spend quality time with them

- Implementing Performance Management System – BCR, Millenium Bank, Holcim
- Assessment Centers – Novartis, Carpatcement, Bosch Rexroth
- Train the trainer - France Institute
- Teambuilding – BRD, E-mag
- Management Team Coaching – Piraeus, Millenium Bank, Cetelem
- Developing Human Resources – 'Management Academy', Raiffeisen Bank, Apa Nova, Distrigaz
- Children Developing Program - www.atelierulcudetoate.ro
- "Take your kid at work" – program for parents and kids delivery at Piraeus Bank and IBM Romania

+ References and Publications

Assesments, coaching and training delivery at:

- Raiffeisen Bank,
- Piraeus Bank,
- Bancpost,
- Distrigaz Sud,
- BCR,
- Apa Nova,
- ING Asigurări de Viață și Pensii,
- Holcim
- Danone
- Romtelecom,
- BRD Finance,
- Dasimpex,
- Wienerberger,
- Dalkia,
- Algemon,
- Actavis,
- Piraeus,
- Millenium bank,
- Catelem