

## + Personal data

Partener of the Kutschera Institute

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## + Curriculum Vitae

2017 Kutschera-Resonanz®- Trainer  
2016 Kutschera-Resonanz®- Master & Coach  
2015 – prezent – Operations Director – IMS Health Romania  
2007 – 2015 – Business Unit Manager – Cegecim Romania  
2000 – 2007 – Departament Manager– Cegecim Romania  
1998 – 2000 – Assistant researcher – Institut for Quality of Life, Romanian Academy

## + Education and Qualification

2017 – Master in Integrative Psychotherapy for children and teenagers, IESTCA  
2017 Kutschera-Resonanz® -Trainer  
2016 Kutschera-Resonanz®- Coach  
2015 Kutschera-Resonanz®- Master  
2014 Kutschera-Resonanz®- Practitioner  
2008 – 2010 – Romanian – USA EMBA Program, ASEBUSS  
1994 – 1998 – Sociology Faculty, Bucharest University  
1989 – 1994 – Spiru Haret, Pedagogical College, Buzau

## + Key activities

**Individual and group coaching** with children and other “actors” from various systems they are interacting with (family – parents, grand parents, brothers/ kinder garden, school – teachers, scholar psychologists, colleagues) – Self awareness and development programs, to discover everyone's inherent potential

**Life & Business individual Coaching** for finding the right balance between personal and professional life, increase self esteem, orientation towards results, identify the own successful strategy

**Group coaching in organizations** for identifying both the individual and team , full potential, enhance the team spirit, orientation towards results and performance growth

**System-Coach  
Integrative Psychotherapy**

- Group coaching through Kutschera Resonanz method to increase the cohesion of the newly formed team
- Group coaching through Kutschera Resonanz method to Coaching de grup prin metoda Kutschera Resonanz to revival and "reinvent" mature teams

## + References and Publications

- Personal development and Group coaching workshops in companies
- Individual Coaching
- More than 15 years experience in middle and top management positions in multinational companies