

## + Personal data

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## + Curriculum Vitae

2000-2004	Faculty of Psychology, University of Bucharest
2004- 2006	Master in Experiential Psychoterapy and Psychodiagnosis, University of Bucharest
2005-2006	Kutschera-Resonanz®- Practitioner
2006-2007	Kutschera-Resonanz®- Master
2008-2009	Kutschera-Resonanz®- Trainer & Coach
2009	CNFPA Certified Trainer
2009-2011	Integrative and Ericksonian Psychotherapy Training
2009-2012	Play and Drama-therapy Training

## + Education and Qualification

Kutschera-Resonanz®- Practitioner, -Coach, -Master, Trainer  
Train the Trainers, Ascendis, Bucuresti  
Play and Dramatherapy  
Integrative and Ericksonian Psychotherapy  
Experiential Psychotherapy  
Harrison Assessments consultant

## + Key activities

**Individual coaching for adults** for accessing inner resources and building balanced relationships

**Training programmes for helping children and teenagers** access their inner strength and learn how to make their vision come true

**Career counselling for adults and teenagers** for identifying their values, strong points, motivations and professional mission

**Training programmes for disadvantaged groups (people with disabilities, old people, social cases)**

**Individual and group work using drama- and play-therapy**

- „Building your career step by step!“ – Career counselling for persons affected by the economic crisis – 2010 - 2012
- Drama-therapy group for Young-adults with disabilities – 2010 – 2012 – “Prietenia” (“Friendship”) Association, Pantelimon, Jud Ilfov
- Career Counselling for Young Adults from Disadvantages Families – SOS Satele copiilor – June 2012

## + References and Publications

- Individual coaching and psycho-therapy sessions with adults
- Drama-therapy groups for disadvantaged groups
- Development programs and business coaching for competency development of managers and talents in multinational companies
- Career counselling for more then 200 beneficiaries in the „Building your career step by step!“ project