

+ Personal data

Partner of Institut Kutschera

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+ Curriculum Vitae

- 2014 Kutschera-Resonanz® - Trainer
- 2013 Kutschera-Resonanz® - Coach
- 2013 Kutschera-Resonanz® - Master
- 2012 Kutschera-Resonanz® - Practitioner
- 2011 ANC Certified Trainer
- 2011 Communication in Business, Leadership and Managerial Communication, Public Relations in Business, Interpersonal relationship
- 2011 ANC Certified Project Manager
Internal Auditor ISO:9008
Master's Degree in Computer Science and Information Technology
– University of Bucharest
- 2007 Post University Degree Programs: Management – Police Academy
Capital Markets - Strategic Management, Financial Management
- 1990 Degree in Alimentary Industry - University of Galati

+ Education and Qualification

Practitioner, Coach, Master, Trainer Kutschera-Resonanz®
ANC Certified Trainer
Communication in Business, Leadership and Managerial Communication,
Interpersonal Relationships
Project management
Internal auditor in public institution
IT Management

+ Key activities

Life Coaching for personal and professional development, both for adults and adolescents to:

- sustain their process of self-knowledge and personal development;
- ensure the balance between personal and professional life;
- discover their personal strategies of motivation and success;
- find strategies for developing intuition;
- discover their soul purpose and the meaning of their live;
- get out of a midlife crisis;
- (re)discover the joy of living in freedom with themselves.

I accompany my clients with joy, on their journey of (re)discovering their life purpose, the meaning of their lives and the joy of living, in order for them to live and celebrate their personal values, restructure and heal their beliefs and live the resonance of their soul, on a daily basis.

Educational and vocational training - workshops for adults and adolescents using Resonanz® method.

Resonanz training for public institutions - Resonanz® applied to communication, sport, conflict management, public speaking, strategies of motivation and success.

- Resonanz trainings for public institutions
- Resonanz applied to communication, sport, conflict management.

+ References and Publications

- Personal development trainings and workshops:
- Effective communication using NLP tools,
- Effective communication using nonformal educational tools,
- Self-knowledge and personal development for martial arts instructors.