

## + Personal data

Partner of the Kutschera Institute

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## + Curriculum Vitae

Human Resources Director KRUK Romania,  
March 2013– present;  
Human Resources Manager, NIRAN CO Products,  
Januarie 2012 – March 2013;  
Senior Trainer – EU Funds Resources and Development Idea,  
March 2011- December 2011  
Human Resources Director, Volksbank Romania,  
November 2006 – October 2010;  
HR Outsourcing Services Consultant, Aims Human Capital Romania,  
May 2005 – October 2006;  
Payroll Accountant/Coordinator, Mivan-Kier (Romania),  
February 2001 – Januarie 2004

## + Education and Qualification

- Kutschera Rezonanz®, Trainer, Kutschera Institut, 2014 – Oct 2015;
- Kutschera Rezonanz®, Coach & Practitioner & Master, 2011 – Oct 2013;
- Train the Trainer, June 2011;
- October 2005 Effective Communications and Human Relations – Dale Carnegie Training Romania; November 2005 Selection and Recruitment Techniques – Aims Human Capital Romania; June 2006 How to make sales presentations -Dale Carnegie Training Romania;
- Course of Psychology: Academy of Economic Studies ,Faculty of Accounting and Management Information Systems. 1995-1999

## + Key activities

**Individual Coaching.** I accompany each client on his / her way to become aware of himself / herself, his / her potential and find the most suitable form to express it..

**Team Coaching.** I accompany the team so that each member feels part of it bringing in his / her own qualities and living his / her own values, thus contributing to the team growth, goals achievement and mission accomplishment.

**Human Resources Consultancy** in performance management, employees relationship, people development, training

- Developed an employees fidelity program linked with career planning
- Project: Human Resources Development Operational Programme 2007 - 2013 "Increasing adaptability of managers in SME" POSDRU
- Personal development workshops

## + References and Publications

- Over 300 hours of coaching;
- Personal development workshops;
- Functional and Leadership competencies development program;
- More than 10 years experience in human resources management.