

+ Personal data

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"A journey of a thousand miles
begins with a single step"
(Chinese proverb)

+ Curriculum Vitae

2004 Professional license in Psychology
2007 Master of Human Resource Management
2007 Kutschera-Resonanz®- Practitioner IANLP
2008 Kutschera-Resonanz®- Master IANLP
2008 Postgraduate Course in Work Psychology, Transportation and Services
2009 Kutschera-Resonanz®- Resonanz Coach
2009 Kutschera-Resonanz®- Trainer
2010 Master in Cognitive - Behavioral Psychotherapy
2010 CNFPA - Accreditation as Trainer
2012 Practitioner Diploma in Executive Coaching with Academy of Executive Coaching of London, UK

+ Education and Qualification

Kutschera-Resonanz®-Practitioner, Master, Trainer
Kutschera-Resonanz®Coach
Kutschera-Resonanz® Business Coach
Executive Coaching
Specialist in Cognitive Behavioral Psychotherapy
Fast learning and reading trainer

+ Key activities

Individual coaching for adults - identifying and accessing internal resources to optimize personal and professional life
Top Management Executive Coaching
Psychotherapy
Coaching for sports performance development
Feldenkrais, QiQong, Reiki
Career counseling - identifying values and own resources. Skills assessment.
Kutschera-Resonanz®- Programs for adults
Fast learning and reading

- „Business Coaching
- Kutschera-Resonanz®- Practitioner programs for adults in Bucharest
- Kutschera-Resonanz®- Coach training programs for adults in Bucharest
- "PSI Panic" Conference – Bucharest , 2013, with Vlad T. Popescu
- Fast learning and reading – INFOSPEED , Bucharest
- International Program for Coaching, Training and Public Speaking Certification – John C. Maxwell – John Maxwell Team Romania
- Personal development programs and seminars for adults

+ References and Publications

- Individual coaching and psychotherapy sessions for adults
- "Fast learning and reading" trainings
- Career counseling
- Recruitment and selection of personnel for DGASPC Bucharest
- Individual Psychology Cabinet – Bucharest